

# PRAYERS OF HEALING AND DELIVERANCE

EXTRACTED FROM THE BOOK  
LAS SEIS PUERTAS DEL ENEMIGO  
EXPERIENCIAS DE UN EXORCISTA

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## PRAYERS OF DELIVERANCE AND HEALING

The nine prayers that are offered below were thought to help those who are in a process of deliverance, so that they can collaborate with the minister in closing the doors that demons may be using to disturb them, making them lose progressively power over the psychosome of those affected until their complete liberation.

The first prayer, abjuration of rationalism, has to do with the first door in order to ask God the grace of humility, which is the presupposition of all spiritual life. The prayer of abjuration of occultism is aimed to close the second door, the bonds left in the patient as a result of him being in touch with the different kinds of idolatry.

Next there are three protection prayers against curses and to break them once they have been cast (fourth door): to be sealed with the Precious Blood of our Savior, against ruin and misery and to break curses and weaken the satanic forces.

Then two prayers for inner healing follow: through forgiveness (third door) and the healing of the wounds suffered since conception (fifth door). It ends with two prayers – long and short – for intergenerational healing (sixth door).

## QUO VADIS, ECCLESIA?

These prayers were initially inspired by texts used in fields related to the RCC, they have been progressively elaborated upon, using not only my own experience, but also numerous comments and suggestions on the content and writing of the prayers that agents and patients of the pastoral of liberation have provided me with.

They are written in a deprecative way, so that they can be pray by those affected. But , obviously, the ordained ministers can express them in an imperative way, reprimanding the demons to stop disturbing the souls.

## PRAYERS OF ABJURATION

*The next two sentences of abjuration should be done verbally, for demons to acknowledge our decision to cut any type of relation with them and our petition to God to destroy any bonds that they have left in us.*

### ABJURATION OF RATIONALISM

This prayer aims to fight the different kinds of pride in our relationship with God. Hold a crucifix and trace the Sign of the Cross on yourself with it at the beginning of each section. This prayer is to be verbally recited for 30 days, at least 3 times a day.

✠ I PRAISE You and I BLESS You, Lord, because you have given me the gifts of reason and intelligence. I GIVE YOU THANKS, Lord, for the difficult trials through which I have lived, and I repent for having thought at times that You have put me through them in order to cause me suffering, and because I have blamed You for it: forgive me, Lord, for these reproaches and rebellions.

I turn to the intercession of the Holy Virgin Mary, and I ASK YOUR FORGIVENESS, my Lord and my God, for all the stains and contamination that there may be in

mind because of rationalism, because of the spiritual vanity and all the sins committed through my intelligence. I also ask Your forgiveness for having experienced the faith of my Catholic Church not from the heart, as You desire, but from rationalism; and with Your Grace, Lord, I also forgive myself. I ask for forgiveness, Lord, of all the people to whom I have done harm with this mentality: give them, Lord, the Grace with which they will forgive me.

On my part, I FORGIVE, Lord, all the people and institutions that have harmed me, forcing me to live this way (when one knows the sources of the evil influences, name them specifically now).

I want to surrender to You, Lord, all the rationalism that has remained in me, and I RENOUNCE all routines, plans, conditioning, or habits and lifestyles that I have inherited or acquired over the course of my existence, and I also renounce all norms, structures, customs, and behaviors that may have as their cause what I have studied on my own or in institutions, groups, sects, and all types of communities to which I have belonged that are not acceptable to You.

✧ I DECLARE that Jesus Christ is the Lord of Peace and that only He can grant it to me. Lord Jesus, I ask of You that Your peace may enter into my heart! I also declare that Jesus Christ is the Lord of Wisdom and knowledge, and that I do not desire any more knowledge than that which comes from His Person.

I RENOUNCE the desire to want to know everything, understand everything, and control everything. I renounce to understand and to control God only through my thoughts, and to search for peace and to care for my existence only through my reasoning. Lord, I ask You forgiveness for all the times I have tried to control You and



encompass Your Revelation and Your Providence over me based on my reason.

Eternal Father, I beg you to CUT all ties to these rationalist habits in my person, the ties that keep me in a defensive attitude towards You and impede me from my opening my heart to the actions of the Holy Spirit. Guardian Angel, place these ties at the foot of the Cross of Our Lord Jesus Christ, to Whom I ask that He DESTROY all the obstacles, impediments, barriers, and resistance that, consciously or unconsciously, may have stood in the way— with my reasoning—of the actions of the Spirit.

✠ I declare that Jesus Christ is the Lord of my reason and intelligence and all the aspects of my life. Lord Jesus, BATHE, my mind with Your Precious Blood, and cover it with Your Love. Fill the empty spaces of my heart with Your Love.

Lord Jesus, RECONSTRUCT my interior, and through the merits of Your Precious Blood, HEAL all the harm that may have remained in my mind, imagination and thoughts, in my creativity and in my intelligence, and in my reasoning, as a consequence of the malignant spirit of rationalism.

I AUTHORIZE your Holy Spirit to invade freely my reason, my intelligence, and my heart with total freedom, without opposition or resistance, since I open my spirit to His Light, which I desire, yearn for, and need.

AMEN, AMEN, AMEN.

## ABJURATION OF OCCULTISM

*This prayer is used to break the evil bonds caused by being in touch with the world of occultism in general. Hold a crucifix and trace the Sign of the Cross on yourself with it at the beginning of each section. This prayer is to be verbally recited for 30 days, at least 3 times a day.*

✠ I implore You, Father, that by the infinite merits of the Most Precious Blood of Thy Son, Our Lord Jesus Christ, poured on in His Passion, that you CUT all ties of the occult existent in me between the forces of evil and my person; that these ties remain at the feet of the Cross of Our Lord and that you FILL these voids that have remained in my heart with your spirit, which is love.

✠ In order for this to have affect I RENOUNCE with all my strength, Satan and sin, as well as all influence of the deeds of darkness that may have remained in me through (name the case concretely: amulets, spells suffered of practices of divination, magic, or spiritism): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I renounce as well the spirits of (name them here purposefully in order, one by one, the name of the occult science, sect, magician, or demon to whom you have directed yourself to): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ and all other evil spirit which harass or surround me.

I ASK YOUR FORGIVENESS Lord, for these nefarious sins of idolatry, and i beg that with Your grace you heal my heart and I may be able to forgive myself and all the persons who have led me to these actions, because I know they have truly harmed me.

✱ I DECLARE that Jesus Christ is the Lord of my life, of my body and of my spirit, and I beg Him to heal and reconstruct all the harm that has remained in me as consequences of these actions, and that he reconstructs my body and my spirit filling these voids with His love. Cleanse me, Lord, with Your Precious Blood and cover me with You Love.

I implore the intercession of the Most Holy Virgin Mary, of Her Virginal Spouse Saint Joseph, the powerful protection of Saint Michael the Archangel and of my Guardian Angel, and I open myself up to the action on the Holy Spirit in my life, so that, at last free, I can glorify the Father, the Son and the Holy Spirit, now and forever.

AMEN, AMEN, AMEN.

## PRAYERS OF PROTECTION

### PRAYER TO THE MOST PRECIOUS BLOOD OF CHRIST

*This prayer is recited in order to seal and protect oneself with the Blood of Christ, remembering the revelation to Saint John: "These are the ones who have survived the time of great distress; they have washed their robes and made them white in the blood of the Lamb." (Rev 7:14). Hold a crucifix and trace the Sign of the Cross on yourself with it at the beginning of each section.*

✠ Lord Jesus, by Your Name and with the Power of Your Most Precious Blood, SEAL all persons, deeds, situations, or occurrences by which the enemy seeks to harm me. Jesus, seal ALL the destructive MALIGNANT POWER in the forces of nature: in the air, earth, water, fire, under the earth. Seal to its borders, Lord, the volcanoes, craters, mountains, lakes and lagoons, rivers, oceans and seas, and the entire universe. And seal also the abysses of the satanic forces that from hell act upon the nature and the world in which we live today.

I beg you, Lord, to seal, with Your Precious Blood, MY PERSONAL LIFE with all my material and spiritual belongings: my feelings, so that all my affections be in You; my restlessness, so that I believe that You hear my prayer; my heart, so that no spirit of bitterness, rancor, or hatred settles in it; or spirits of arrogance, pride, vanity or boastfulness; of blame, sadness or depression; of doubt, insecurity or fear. Seal my will so that it is always ready to do good; my mind, so that only thoughts that lead to joy and peace in your Spirit abound there; my words, so that they be only praises

to God and blessings for all; and my body, so that I will have health and be protected from accidents and diseases, and, above all, protected from sin. Seal my past, my present, and my future, so that I will remain liberated, cured and protected from maleficent influences.

✧ By the power of Your Most Precious Blood, seal, Jesus, our house and all who live in it (name them), and also those who visit it. Seal the nourishment and the goods that You give us as sustenance. Seal the earth, doors, windows, walls, ceilings and floors, its plumbing and electric wires, the objects, the clothes, and even the air that we breathe. And place a circle of Your Blood around all our family, around my LOVED ONES, friends, neighbors, coworkers (mention those who need it most), so that we will all remain under Your protection and refuge.

I beg you, Lord, to seal with the Power of Your Blood the places that we may visit today, the people or institutions with whom we may deal (name each one of them), the vehicles, the roads and highways, the means of transportation that we may use, and all our material or spiritual WORK. Seal also my economy and my family's business, so that Your prosperity will flow in abundance and Your Providence will drive away all the spirits of ruin and debt in my life. And, finally, pour Your Precious Blood upon the actions, the minds and hearts of all the inhabitants and leaders of our country so that Your Peace and Heart will rule there.

✧ Lord, Jesus, may Your Precious Blood make us invisible when the malignant one approaches us. Seal my whole person and KEEP ME under Your protection so that I will be free from his snares. Allow me to recognize them and overcome them through the invocation of Your Holy Name. And forbid the demons all their authority to

interfere in our lives, destroying all communication and interaction between them.

I beg you, Lord, to send Your Holy Mother of Perpetual Help, so that She will be present in my home and in my workplace and will accompany me along with the Archangel Saint Michael and his nine choirs of angels, with Saint Gabriel, Saint Raphael, and my Guardian Angel. And thank You, Lord, for You are the Guardian that never sleeps; thank You for Your Precious Blood that protects us from all evil. May You be blessed and praised forever, Lord.

AMEN, AMEN, AMEN.

## PRAYER FOR LIBERATION FROM RUIN AND MISERY

*It might be appropriate to pray it when a chain of misfortunes in your health, marriage, work, human relations and goods are detected. Hold a crucifix and trace the Sign of the Cross on yourself with it at the beginning of each section. It is advisable pray it daily while the situation endures.*

In the name of Jesus of Nazareth and by His Most Precious Blood, I beg You, Heavenly Father, to tie, BIND AND ENCHAIN in this very moment the power of all authority and evil principality that Satan has assigned to prevent me from reaching my potential as a child of God and from receiving the blessings in my entire person and the material goods that You wish me, and those I love, to have, along with the gifts of the Holy Spirit. Order those maleficent spirits to retreat and remain without power over me, from this moment on, tied, bound, and enchained.

Lord Jesus, by the redeeming power of Your Most Precious Blood, order Satan to take his filthy hands off of my business, my assets, my money, my work and studies, my home, my family, and my life. And also order that every malignant spirit of disease, ruin, poverty, misery, scarcity, and debt remain uprooted and destroyed. Jesus, expel them and THROW THEM FAR AWAY from me to the place that is fitting for them, and order them never to return because You are the only Master of my life, and the One who cares for me and protects me.

Heavenly Father, by the Precious Blood poured out by Your Son Jesus Christ, I beg You to send Your Holy Angels to definitively throw those malignant forces far away from me. And I beg You to send Your Holy Spirit so

that, opening the windows of Heaven, He may now pour out PROSPERITY AND BLESSINGS over me, my tasks, my work, business, and studies, and my family. I ask this in the Holy Name of Jesus turning to the intercession of the Blessed Virgin Mary, Help of Christians and Saint Joseph, the Holy Archangels and Angels, and all of the Saints.

AMEN, AMEN, AMEN.



## PRAYER FOR THE DESTRUCTION OF ALL SPELLS AND TO WEAKEN SATANIC FORCES

*This prayer can be recited by those who suffer the effects of a curse or spell: "God is indeed my Savior; I am confident and unafraid. My strength and my courage is the Lord, and He has been my savior" (Is 12: 2). It is also for those who have cast a spell or have been in contact with magicians, magnetizers, or fortune tellers and/or with the world of the occultism and, especially, with spiritualism. Always make the Sign of the Cross where it is specifically indicated. After renewing the baptismal promises by praying the Creed, one adds:*

✠ Our Father who art in Heaven, I love you, I praise You, I adore You. I give you THANKS for sending Your Son Jesus Christ to be save me: He, Who is the conqueror of all sin and death. I also thank You for having sent your Holy Spirit to fortify me, guide me, and sanctify me. And I thank You for Mary, my Heavenly Mother, who intercedes for me with the Angels and the Saints.

Our Heavenly Father, may the water that washed me in Baptism go back over the course of time across the generations of my father and my mother so that MY ENTIRE FAMILY MAY BE PURIFIED of all the sins and maleficent influences of Satan and evil spirits.

I ask You for forgiveness for me, for my parents, and for my forefathers today, and also for all the INVOCATIONS TO THE OCCULT POWERS carried out in offense to the Holy Name of Jesus. By the power of this Name, I declare today that I place under the sovereignty of the Lord Jesus all my belongings, material and spiritual, that may have been infested or submitted to the actions of Satan and his followers.

Oh, Eternal Father! Infuse Your Holy Spirit in my heart and ILLUMINATE the darkness of my person where Your light still doesn't reach: show me every person who needs my forgiveness and every sin that I may not have confessed, help me to see what in my life has displeased You and the inadequacies that gave Satan the capacity to manage my spirit. I surrender to You all the open doors that allowed the evil one to enter into my existence. I place at Your feet all the occasions in which I have refused to forgive. I surrender all my sins to You and I give You thanks for Your forgiveness and Your Love.

✠ Lord Jesus, I kneel at the foot of You Holy Cross, and I beg You to WASH my heart with Your Most Precious Blood, which flowed from Your Sacred Heart and Your Holy Wounds. Purify me with that living water and surround me in Your Light.

Lord Jesus, by Your Holy Name: ✠ TIE all the malignant spirits of the air, water, earth, the abysses, and the infernal world; ✠ place also restraints upon all of Satan's emissaries who seek to pervert the beauty and the goodness of Your creation; ✠ order all those maleficent spirits to throw themselves immediately at Your Feet, without harming me, so that You can dispose of me according to Your Holy Will.

Lord Jesus, with Your Holy Cross ✠ break, ✠ rupture, ✠ ANULL all evil curse, treason, deviation and influence of the evil spirits, all curses, hereditary barrier, known or unknown, all enchantment, spells, snares, lies, ties, obstacles, predictions, and diabolic desires, as well as all disorder and disease instigated by the devil, including my own sins and mistakes.

Lord Jesus, with You Holy Cross ✠ break the transmission of all satanic commitment, of all promises, of

all ties, of every link of spiritual order plotted by hell with Your Holy Cross ✠ CUT and destroy any possible ties, and their consequences, with astrologers, fortune tellers, seers, mediums, witch doctors, chiromancers, chiefs, those who are adept at macrobiotics, at transcendental meditation, or New Age sects, and with all who practice occultism or fortune telling with crystal balls, tea leaves, coffee grounds, lines on the hand, cards, tarot cards, and all ties to spiritual guides, magicians, sorcerers, and all those who hand themselves over to any type of magic, voodoo, macumba, and the like.

In your Name, Lord Jesus, I reject all of these practices and beg the Father to ✠ DESTROY all the consequences whose origin is the participation in spiritual or mediumistic sessions, horoscope consultations, drowsing (or a pendulum), automatic writing and all types of recipes or occult preparations (ra 'wé, kitab, hijab or curse), as well as all class of superstition that does not render to Jesus Christ the honor and glory that are due Him.

✠ Come Holy Spirit! Let the fire of Your Love flood my heart! HEAL the wounds of my lack of love and clean my person of every evil stain. Make my heart free, regenerated in the intimacy of the Holy and Omnipotent Trinity.

AMEN, AMEN, AMEN.

## PRAYERS OF INNER HEALING

### SHORT HEALING PRAYER FOR FORGIVENESS

*This prayer is highly recommended to be prayed for each person that you have discovered by the help of the Holy Spirit, to be a negative influence in your life, since the moment of your conception. It might be possible that you have consciously forgiven this person(s) already, but it is recommended to pray it in order to ask God to heal the possible wounds that may remain in your unconscious or subconscious.*

✧ I PRAISE and I BLESS You, Lord, for N-----.

I FORGIVE N----- , Lord for whatever attitude or actions that he/she has had that may have caused the complaints, distance and rejections I have towards him /her.

With Your grace, Lord, I ACCEPT N-----. I bless him/her and I declare him/her free and innocent of all debts he/she owes me.

✧ Lord, grant N, effective grace to FORGIVE ME for all I have done to cause the complaints and rejections that he/she has towards me.

FORGIVE ME, Lord, for how my attitude or actions towards him/her may not have been according to Your Love, and help me to FORGIVE MYSELF for all this.

✧ I ask Our Lord Jesus Christ to cut whichever TIE the evil one may that left in N----- and in me as a consequence of these actions, and I place this tie at the feet of the Cross of Christ. Thank you, Lord.

AMEN, AMEN, AMEN

## PRAYER FOR INNER HEALING FROM THE MATERNAL WOMB

This prayer aims to ask God, through the Mother of his Son mediation, to heal, through the strength of his Spirit, the affective wounds caused in the unconscious during the gestation and the first months of life outside the womb, and others that might remain in the subconscious due to the rest of the life traumas. While the effects of the inner wounds remain, the person should pray it periodically, for example, weekly.

✧ Most Holy Trinity, I praise Thee, I adore Thee, and I love Thee, I declare Thee my only God and Lord and I renounce all bondage to the malignant spirits.

Lord Jesus, I ask that You manifest Your merciful love and that You come heal in me all that needs to be healed in my actual and past existence. You know me better than I know myself because you are more intimate to me than myself and since long before my conception, You loved me with a unique love. My life is in Your Hands. Into your hands I commend, Lord, the moment of my conception. If my conception did not take place in an environment of love, with the desire to give me life but rather in coercion, in fear or in violence, come to heal me, God of tenderness and goodness.

May Our Lady form me anew in the Spirit and free me from any negative influence that could have generated in me unwillingness to live or tendencies towards self-destructive behavior leading me towards death. Mother Mary, bless me in each stage of my growing embryo and fetus. Place Your hands in the first fifteen days of my development, in which there was no sign of my pregnancy and I could have felt

alone and insecure. Expand Your love into every crease of my heart. Heal any wound in me that may have come about by my parents when they came to know of my existence: above all, the wound of rejection with its consequences of anxiety, insecurity, lack of self-esteem, oppression, and the option of rejecting life.

✧ Lord, I BEG YOU to cure the wounds of my second month of gestation. If my mother experienced fear, anguish or trauma while she was expecting me. If I felt that I was not desired, or if I felt rejected by her or by my father, come and make me feel, oh my God, how much I'm worth to You who take care of me as the apple of Your eye and give me the grace to forgive my parents for all the wounds that have been come from it all.

Blessed Virgin, heal the wounds of the third month of gestation, when my male / female condition manifested and my cerebral sexuality was configured. If my parents wanted another sexual condition for me, come to heal those wounds of rejection of my identity, Mother, so I can accept it with joy and praise and bless the Trinity for His gifts, rejecting all bonds from the Enemy.

Mother of God, intercede before the Father to heal the wounds that have occurred in the fourth month of my gestation. If there were any professional dislikes, relational tensions or marital discord, heal in me all anxiety, insecurity, fear or rejection of life outside the womb which I sensed as painful. If my mother then suffered an illness, an accident, or death of a loved one, free me from every spirit of death that has influenced me in such a way that I later be lifeless, negative, pessimistic, or sickly.

✧ Lord Jesus, I praise and bless and proclaim You as my only Lord and God and I reject all forms of idolatry.

If in the fifth month, or any other month, there was any sort of contact with witchcraft, because my mother turned to a soothsayer or healer or would have done some sort of spell, deliver me, Lord. Mother of Life, intercede before your son to deliver me from all mediumship, if there were any connection with the dead, because my mother had a previous pregnancy that did not come to full term or another unfortunate event of death.

Lord, heal the wounds of the sixth and seventh month of my gestation, in which the pregnancy became more burdensome for my mother. If I felt anguished, or rejected because my mother did not care for herself during that the time, or because she did not receive the help she needed, may Our Lady come heal me. May Jesus, within the womb of Mary within me make me jump for joy in the Holy Spirit, as John the Baptist did in the womb of St. Elizabeth!

✧ Mother of God, I place into Your hands the last two months of my gestation. Heal all wounds of oppression, anguish, and rejection. Release me from my fears before birth. If the anxiety led me to an option of not for life, not wanting to be born; heal me attaining for me a great love of life from the Lord and Giver of Life. If fear led me to try to induce labor prematurely or to delay my birth, heal me, Mother.

Lord, I BEG YOU to heal the wounds that occurred during my delivery. May Your Mother take me and heal the physical and emotional shocks that could have affected my birth, when I burst into the world of mankind. If fear led me to try to hang myself with the umbilical cord, or place myself in a difficult position for birth; by the power of Your love and grace give me a great desire to be born. Mother of Goodness, wipe away all visual, auditory or synesthesia contamination and all physical and

psychological consequences of wounds and traumas that come from that moment.

✦ Most Holy Trinity, I now recollect myself for a moment to accept and thank You for the healing and deliverance from wounds received during my gestation and in during my birth. Thank You, Mother, for being there to receive me in Your reassuring arms. Thank You for placing me in the arms of Your Divine Son, who welcomed me in the same way as He embraced the children who came to him. Thank you for presenting me to the father, making me realize that I am a desirable and a beloved child of God on whom the Gift of the Spirit has been poured out.

I also give you the first years of my infancy: surround them with Your Light. If I have suffered due to the coldness of my father or mother, if I have not received the love or security which I needed, if I was lacking in affection or in tender touches, oh Lord! send me Your Spirit of Love, and have Your Mother embrace me in Her arms, so She may hold me tight and fill me with Her tenderness. May She receive me as I am, in my weakness of a small child and may Jesus come and kiss me, bless me and place His Hands on me as He did during his earthly life (Mc 10; 13 - 16).

If I felt overwhelmed by the over possessive love of my mother, or crushed by the authority of my father, heal the painful memories that dwell in me. Please also wipe away the aftermath caused by the quarrels and tensions between my parents as a couple, these memories which disturbed my child sensitivity and scared me, making me fear that they would separate and abandon me. I forgive my parents with my whole heart for their acts, words and behaviors which could have provoked me. I give You thanks, Lord, for You have given me the security in knowing that if my father



or mother would have abandoned me, You would have received me (Ps 27, 10) and would have never forgotten me (Is 49, 15).

✧ Lord, grant that the Holy Spirit fill me with love and make me blessed and free so I may cry out “Abba, Father!” with all my strength. If I have felt alone, abandoned, or rejected by my own, or by those who I counted on, give me, by the power of Your healing love, a new sense of my dignity and wise esteem of myself (Rom 12, 13). Be my comfort where i have felt the unlove of others.

Heal the wounds of the struggles that have traumatized me and led me to close myself up within myself and to lift barriers between others and me. Heal me from the wounds that are deeply rooted in me which have hardened me and which I have repressed: envy toward those who were preferred to me in the family or at school, rebellions, humiliations, injustices, loneliness, bitterness from being marginalized, teasing, insults or slander.

Deliver me, O Father Almighty, from the burden of any family curses, ancestral curses or any evil curses which could be hidden behind failures, illnesses, or frustrations. Give me a renewed confidence and courage, to face the trials of this world. I know your love, O Father, will sustain me in my stumbles and falls.

✧ Lord Jesus, give me the grace to forgive those who have not loved me, to free them from any debt to me. Heal me of all disorders or traumas from my childhood or of my sexuality; anxiety, shame, guilt. Wash away all blemishes of my body and my soul and heal the wounds that have been caused by abuse, violating my physical integrity, bonding me by sexual deviations that prevent me from having sincere relationships according to Your Will. Help me to affirm my

masculine or feminine personality. May Our Lady, Our Immaculate Mother, the Immaculate Conception, pray for me and heal me of these disorders.

Heal me, My Lord and my God, I BEG YOU from the wounds of my affection linked to impossible love experiences which for a reason or another could not come to fruition. Teach me to abandon myself to Your love which fills my desire to love and be loved, to hand over to You that which could be a failure with regards to my vocation, or with regards to any professional or social commitment I have made or with regards to my emotional life or with regards to sharing my life with someone on an intimate level.

✧ Thank you, Lord, for having accompanied me during my childhood and adolescence, for Your love, Your Light, Your Truth. Forgive me if I come to think You did not want me, or that You were not present in my sufferings.

Forgive my forgetfulness too. Heal me from the feeling of guilt which does not come from love but rather from fear of being punished for my rebelliousness. and forgive my rebellions against your Providence when i saw that You allowed those whom I loved especially to die, abandon me or deceive me.

Forgive me for all the destructive experiences I had in giving myself to alcohol, drugs, pornography. Heal me from the bonds that I might have contracted through mental concentration techniques, finding solutions to my problems through occultism, spiritualism, esotericism. Lord, I invoke Your Precious Blood poured out on the Cross for me to be forgiven and cleansed of my sins. Lord Jesus may your Holy Wounds be a refuge in my healing!

✧ Have mercy on me, Lord! I thank You for Your great love for me. Restore me and give me a renewed grace

to love and grow in Your love. May Your Precious Blood be pumped into my heart to run through my brain, my sympathetic, parasympathetic, conscious, subconscious, unconscious, superconscious, infraconscious and my nervous system; my digestive, respiratory, circulatory, lymphatic, emotional, sexual, endocrine, immune, and my epidermal systems, and also through all my bones, muscles, limbs and internal organs, so that You may purify me, free me and heal me.

I give myself entirely to You: body, intellect and spirit. I place in Your hands my thoughts, my feelings, my words, my behavior, all my wealth, and also all my frailties, my wounds, my limits, my tepidity, my hardness of heart and even the hatred that dwells in me. Enlighten them with Your light to turn them into acts of love, tenderness and peace.

Jesus, my past and my future are in Your Merciful Heart, today and under the flame of Love of the Immaculate Heart of Mary. My wounds will no longer be wounds for Your Immense Love has healed them; they will be experiences to build up my future. I accept all the healing and liberation you have done in me. Thank You Jesus for having made me how I am and for having saved me! Alleluia!

AMEN, AMEN, AMEN.

## PRAYERS FOR THE HEALING OF ANCESTRAL BONDS

The next two prayers aim to cut the bonds with ancestors due to serious sins with which they have harmed descendants.(cf. Ex 20: 5; Deut 5,9). The first prayer is a more thorough process. The second is a short prayer.

### THE INTERGENERATIONAL HEALING PROCESS

*This prayer is part of a process that has to be prayed during at least ten days: five in order to pray for the preceding paternal generations, and another five for the maternal ones. Adopted persons should do it both for their adoptive ascendants and their biological ones. Insofar as it is possible, it is to be offered on consecutive days, together with the Holy Mass and a part of the Rosary, for each of the five preceding paternal and maternal generations. One starts with the fifth paternal generation, then the fourth, and thus until the first. Next, one prays for the fifth maternal, then the fourth and so on until finishing with the first maternal generation. On the corresponding day, Holy Mass, the Rosary, and the intergenerational prayer are offered for each generation, asking the Lord to wash, clean, purify, exorcise, liberate, untie, and heal that generation.*

## – PRAYER FOR PROTECTION

✧ I place myself in the presence of Jesus Christ and I submit myself to His Lordship. I CLOTHE MYSELF with “the armor of God, to be able to stand against the wiles of the devil” (Eph 6: 10-11). I sustain myself firm, upright, “my loins girded with truth, having put on the breastplate of justice” (Eph 6: 14), “taking up the shield of faith, with which You may be able to quench all the fiery darts of the most wicked one” (Eph 6: 16). And I cover myself with “the helmet of salvation and the sword of the spirit, that is, the word of God” (Eph 6: 17).

I ask Jesus Christ, crucified, deceased and raised from the dead, to SUBMIT AND TIE all the spirits of the air, the atmosphere, water, fire, wind, the earth, the abysses, and of hell. And that He also submit and tie the influence of any wandering or lost soul that may be present, and of any emissary of satanic powers, or of any witches' sabbath, sorcerers, or worshippers of Satan, that may be present in some preternatural way. May His Blood impregnate the air, the atmosphere, the water, the fire, the wind, the earth and its fruits, the entire universe, the abysses even until hell. And I beg Him to prohibit that malignant adversaries communicate among themselves or help each other in any way. I beg Him also to order them not to do anything that is not ordered in the Name of Jesus.

✧ Lord Jesus, SEAL with Your Blood this place and all who are present, their families and friends, their homes, possessions and sources of sustenance, and prohibit any lost spirit, sorcerers, satanic groups, emissaries or any of its associates, inferior or superior, from harming me or taking

vengeance upon me, upon my family or my friends, or from causing deterioration or damage to our possessions.

I beg the Omnipotent God to BREAK AND DISSOLVE every curse, spell, seal, enchantment, witchcraft, bond, trap, tie, gaff, lie, snare, obstacle, deception, deviation or distraction, spiritual influence or chain; and also every disease in our body, soul, mind, and memory, that can affect us, whether it be in this place or in any of the places, persons, and things mentioned above, due to the maleficent spirits who can still make themselves present in us because of our own sins or errors.

✧ Jesus Christ, PLACE YOUR CROSS now between my person and all the generations of my genealogical tree, and, by Your Holy Name, I ask You that there be no direct communication among any of these generations, and that, between them all communication be filtered through your Precious Blood. Immaculate Mary, clothe me with the power, light, and energy of your faith, and intercede so that the Angels and the Saints will also assist me in this hour.

Thank you, Jesus, that You are my wisdom, justice, sanctification, and redemption. I firmly submit myself to the action of Your Holy Spirit, and with the faith and love of your Grace, I embrace the gift of intergenerational healing. Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be world without end.

AMEN, AMEN, AMEN.

– CONSECRATION TO MARY

Oh, Mary, Mother of God, in the presence of the entire celestial court I choose You today as my Mother and my Queen. In total obedience of love, I consecrate and surrender to You my body, my soul, my interior and exterior goods, and all the merits of my good actions of the past, present, and the future. I place in Your hands the full right, without reservation, to dispose of me and all that I possess, according to Your will, for the greater glory of God, in time and for all eternity. Amen.

– PRAYER TO SAINT MICHAEL

Saint Michael, First among the Princes of Heaven, I join you in your thanksgiving to God because He has created you so excellent and perfect, and with such an immense zeal for His Glory, as it is manifested in your admirable submission to His divine decrees. Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and the snares of the devil. May God rebuke him we humbly pray and do thou, O Prince of the Heavenly Host, by the power of God cast into hell Satan and all the evil spirits who prowl throughout the world seeking the ruin of souls. Amen.

## - INTERGENERATIONAL PRAYER

Under the fire of Your gaze (Rev 1: 14), Lord Jesus, in this moment I recall my person and all my generations so that the grace of Your Holy Spirit will bring about our purification and liberation from all maleficent intergenerational ties:

✠ Lord Jesus, thank You for Your presence here today. I know that You love me and call me by my name. You came to free the captives. Thank You for Your Love and Clemency that constantly free me from evil bonds and fill me with Your abundant Life. I praise You, I bless You, and I adore You. I place myself under Your protection, Lord, and that of Your Precious Blood, and I ask Your Blessed Mother and the Holy Angels to intercede for me because “He will rescue you from the snare of the fowler, from the deadly pestilence. He will cover you with his pinions, and under His wings you shall find refuge; His faithfulness is a shield and buckler” (Ps 91: 3-4).

Although I may have felt your Love in me as a wound, Lord, I long for my soul to be soaked in the attitude of forgiveness that eliminates all root of bitterness or resentment. My prayer turns now to the people who have caused me the greatest harm. I FORGIVE them from the bottom of my heart and I bless them. I absolve of all blame every person who may have injured me, Jesus, because I love You. And I say to those persons, although they may have injured me, that I will do them no harm. I forgive them, I accept them, and I love them as they are, and I surrender them to Jesus so that He may bless them.

I desire to follow Your Footsteps, Lord, and Your Teaching: “Bear with one another and forgive one another, if anyone has a grievance against another” (Col 3: 13). “Put



away all bitterness, and wrath, and indignation, and slander, together with all malice. On the contrary, be kind to one another, and merciful, generously forgiving one another, as also God in Christ has generously forgiven you" (Eph 4: 31-32). Therefore I beg You now, Lord, for those who may have done me the most harm and are still the cause of my grief. I ask Your blessing for these persons.

And I also ask You for the grace to know how to truly forgive myself for my weak faith in my relationship with You. I know that You always forgive me. I beg You, therefore, for the grace to be able to receive Your Forgiveness with humility and with forgetfulness of self so that "the peace of Christ will reign in our heart" (Col 3: 15).

✧ Lord Jesus, I beg you now for all THOSE OF MY BLOODLINE, who are not yet perfectly united with You, and I ask You forgiveness for their sins. For all of them, my relatives and ancestors, I make mine Daniel's prayer for his people: "Ah, Lord, great and awesome God, You who keep Your merciful covenant toward those who love You and observe Your commandments! We have sinned, been wicked and done evil: we have rebelled and departed from your commandments and your laws" (Dan 9: 4-5). "Oh Lord, we are shamefaced (...) for having sinned against You. But Yours, Oh Lord, our God, are compassion and forgiveness! Yet we rebelled against You" (Dan 9: 8-9). "Hear, therefore, Oh God, the prayer and petition of Your servant; and for Your own sake, Oh Lord, let Your Face shine upon Your desolate sanctuary. Give ear, Oh my God, and listen; open Your eyes and see our ruins and the city which bears Your Name. When we present our petition before You, we rely not on our just deeds, but on Your great Mercy. Oh Lord, hear! O Lord, pardon! Oh Lord, be attentive and act without

delay, for Your own sake, Oh my God, because this city and Your people bear Your Name” (Dan 9: 17-19).

✱ Lord Jesus, I confess before You the sins of my ancestors, who may have practiced OCCULTISM, spiritualism, witchcraft, or any other means of searching for information about the afterlife with occult powers. Lord, forgive us. Jesus, with Your Blood and the Power of the Holy Spirit, take authority over these evil spirits and break the power of evil over my ancestors with that same authority; do away with all the curses, sorcery, spells, evil desires, voodoo, black magic, and hereditary secrets, known or unknown.

Undo all the satanic vows, pacts, ties, and links with satanic forces; cut off the transmission of those ties through my ancestors. Break the effects of all the mental ties that there may have been with soothsayers, astrologists, mediums, clairvoyants, and fortune-tellers. As for me, I renounce any participation in fortune-telling sessions and any activity with tarot cards or the Ouija board, astrology and occult games of all kind, and all the means with which Satan can keep me trapped. Break, Lord, the transmission of all the satanic deeds that may have been passed on to me through generations.

I beg you, Lord with Your Word to remove from my ancestors all the effects derived from having participated in dark and occult acts of the power of darkness. And through Your Mercy, recuperate for me all the areas that may have been handed over to Satan by my ancestors, so that, from now on, they may remain under Your Power, Lord Jesus Christ. My Lord and my God, give my family men and women of sound health who will commit themselves profoundly to Your Truth, so that in them be fulfilled that “at the name of Jesus every knee should bend of those in heaven, on earth

and under the earth, and every tongue confess that Jesus Christ is Lord to the glory of God the Father" (Phil 2: 9-11).

For my part, I REJECT all of my ancestors' idolatries. Jesus, break the bonds that tie me to the idolatries that have existed in my genealogy. I reject all kinds of idols in my home: food, drink, titles, lands, jewels, means of transportation, animals and all kinds of possessions. Today I conscientiously make a holy choice for my genealogical tree: to only serve the living God because "as for me and my household, we will serve the Lord" (Josh 24: 15).

Thus, I beg You now to let the waters of my Baptism flow through all the past generations, through my genealogical tree. Allow Your Precious Blood to

flow in each generation, cleaning, healing, and giving life. Let Your Blood, Jesus, outpouring from the Cross, flow through parents and children up until the twelfth generation, touching and integrally healing because "this is My Blood of the Covenant, which is shed for many for the forgiveness of sins" (Matt 26: 28). Place Your Cross between my person and each generation of my ancestors, and break the transference of the evil oppressive forces of life which act against me, in me, and through me.

✧ Lord Jesus Christ, break also all the patterns of MATRIMONIAL UNHAPPINESS of my genealogical tree. Reject in my family all conjugal abuse and all the expressions of lack of love in matrimony. Put an end to all codified transmission that may impede lasting relationships. Put an end, Lord, to all hate, desire of death, evil intentions or desires in matrimonial relationships. Do away with all transmission of violence, vengeance, and rancor, with all negative behavior, infidelity or deception. In the Holy Name of Jesus, I renounce all family tension, separation,

divorce, and lack of sensitivity. Break, Jesus, the ties that lead to matrimonial failure and all feelings of emptiness and frustration.

My Lord and my God, forgive my relatives for all the ways in which they have dishonored the sacrament of Matrimony. Grant that there to be in my family many happy marriages, full of faith, loyalty and affection, and a love that “deep waters cannot quench, nor rivers sweep it away” (Song 8: 7).

Put an end now, Lord, to all the patterns that in my family may have been marked by sexual sin, personal disorders, and sexual traumas and deviations. Heal whatever tendencies of indecent demonstrations, rape, fornication, harassment and aggression, incest, sodomy, masturbation, lesbianism and perversion, and drive away from us all prostitution, bestiality, masochism, sadism, nymphomania, and all types of lustful acts. Order each demon that is connected to such acts to go far away from me and my loved ones and never return. Send us Your Holy Spirit to break the chains of these evil bonds.

Lord forgive our sins, and bring us sexual health and integrity where there was sickness. Grant that my entire lineage may practice healthy sexuality, “that each one of you learn how to control your own body in holiness and honor” (1 Thes 4: 4), and that every sexual expression in them be always pure, upright, and pleasing to You. My Lord and my God, I bless You, I adore You, I praise You. Thank You for showing us Your Light, Your Purity and Your Blessings upon these aspects of my genealogy.

✠ Lord Jesus, break and dissolve now all the bonds that in my lineage harmed CHILDREN, in the most varied of forms: interrupted pregnancies, unwanted pregnancies,

voluntary abortions, unwelcome or unappreciated babies or conception out of wedlock. Lord You love, the innocence of infancy: "Let the little children come to Me and do not hinder them from coming to Me, for the kingdom of heaven belongs to such as these." (Mt 19: 14). That is why I reject all that is not an appreciation of life as a gift of your Love.

I say "no" to the pregnancies that are contrary to the natural order of Your creation and to abnormal births as well, and I repudiate all the satanic manipulations in this area. I RENOUNCE the habits of destruction, abandonment, and kidnapping of children, physical or emotional. My Lord and my God, I ask Your forgiveness for all the ways in which my ancestors harmed children, and I beg You to heal their wounds. Grant that the members of my lineage love their children, educate them in love of You, and learn from You what it means to be profoundly loved.

✦ Jesus, by the power of your Most Precious Blood, break all the links of MENTAL DISEASE and madness that may be encoded in my ancestral genealogy. Break all the abnormal or antisocial activities of paranoia, passive or aggressive patterns, schizophrenias, personal disorders, nervous tics, and oddities. Put an end to all the rigidity and inflexibility of obsessive perfectionism and maniacal-depressive patterns. Lord break, all wounds and repression of masculinity and put an end to the generational forms of oppression and harm to the feminine spirit. Seal also the hidden paths of self-destruction that may be found in my ancestors, and fill those areas with Your forgiveness and Your peace.

My Lord and my God, I beg You to instill in my lineage mental health in its integrity. Grant that each member places his heart in Christ, transforming himself by "the newness of

his mind" (Rm 12: 2). Give them emotional equilibrium and lucid intelligence as well. Destroy all the effigies and obscure models of emotional and spiritual tedium, of the incapacity to play and express joy upon experiencing the delightful nature of your creation. I ask you, Jesus, for a beaming and joyful spirit for my entire lineage. Thank you, Lord, for your Love.

✧ Lord Jesus, dissolve and do away with all types of FEAR in my genealogical tree, fear of rejection and fear of failure. I say "no" to the fear of water, heights, leaving home, voyages, enclosed and open spaces, speaking in public, successes and failures, of people, men and women, of pain and death, and of God. Instruct all those of all my generations, Lord, in this truth: "There is no fear in love; but perfect love casts out fear" (1 Jn 4: 18). Allow then that Your perfect love embrace my family genealogy, and cause all memory of fear to disappear.

Take, Lord, the sword of the Holy Spirit and annul the effects of incorrigible habits. Put an end to all the forms of ADDICTION to drinking, gambling, food, pharmaceutical drugs, compulsive shopping, and speaking in an exaggerated manner. Break all tendencies toward wasteful spending and the accumulation of gifts and resources, as well as stinginess and robbery. By Your Clemency, Grace and Generosity, Lord Jesus, forgive and liberate my family from all these incorrigible habits, now that you have been sent "to heal the broken-hearted, to proclaim liberty to the captives, and release to the prisoners" (Is 61: 1).

✧ Lord Jesus, bring to an end to every type of DISEASE of my genetic code. Take the sword of the Holy Spirit and cut all ties where there may be evil roots in illnesses of the heart, of the blood, the kidneys, the liver, pancreas, digestive

system, ulcers and the tendency to form tumors and cancer; also, in diseases related to food, such as anorexia, bulimia, obesity, or very low weight. Neutralize all types of diseases common to women: menstrual and hormonal alterations, sterility and sexual frigidity. Break the evil ties to all the masculine sexual problems: impotence, prostrate problems and sexually transmitted diseases. Also, do away with physical deformities, rare diseases, immune deficiencies, problems of the ear, weak eyes, bad teeth, and flat feet. Heal all types of migraines, mental retardations, convulsions, pulmonary and respiratory problems, allergies, arthritis, rheumatism, skin or bone diseases. Remove every type of physical trauma transmitted across the generations of my ancestors and cut the connection with the maleficent roots of all the physical diseases and unexplainable weaknesses, wherever they be found.

Lord Jesus, free me from the effects of these types of diseases if they have remained engraved in the lineage of my ancestors, and put an end to their propagation. Forgive those in my family who chose self-pity and disease in order to avoid life's challenges because, those who drew near to you on this earth to "touch but the tassel of His cloak were healed" (Mk 6: 53). Grant Lord, that the enthusiasm of "choosing life" in Your Hands flows like a river across my genealogy.

✧ Lord Jesus, with the force of Your Power I now confront the malignant one and reject all HARM DONE by means of swindles, blackmail, exploitation, torture and extortion brought about in my genealogical tree. And I close the door to the harm done through of all types of crimes, corruption and brutalities. By the Holy Name of Jesus let them and their effects cease now, cutting, in addition the links to vengeance, violence, and prejudice caused by evil,

for it is true that we desire to live uprightly in all things (Heb 13: 18).

With the power of the Holy Spirit, I put an end to the responses of HATE rooted in my ancestors: hate of others, racial hate, hate of oneself, hate of God, and all pseudo religious fanaticism. Lord Jesus, forgive our sins! Grant that my genealogical tree be inhabited by men and women full of love and impregnate Your life of grace in them so that they will be healers and donors of life upon fulfilling Your Will: This is my commandment, that you love one another as I have loved you (Jn 15: 12).

✧ Now I beg you, Lord, for all of those in my genealogy who have DIED at an early age, for those who were not loved, or did not have an adequate funerals, prayers, or a burial that reflected Christian love. I entrust to Your Hands those who suffered very painful deaths, of long and severe agony, violent deaths due to knives or guns, poisoning, animals or war activities, explosions, accidents or suicides, and those who perished drowned or hanged. I place before You, Lord, all my ancestors who died in mysterious and inexplicable ways. Make the transmission of these tendencies toward horrible and strange deaths cease now.

Lord Jesus, grant that the tenderness of Your Merciful Love that forgives, heals and consoles, reach all of them. And, from now on, Lord, let my lineage have only sweet and gentle deaths: let no one die without having known You personally! Make them experience a Christian transition from death to life, because "whoever lives and believes in Me shall never die" (Jn, 11: 26).

I ask You now, Lord Jesus, to put an end to all types of RUPTURES in my genealogy. "Behold , how good it is, and how pleasant, where brethren dwell together as one!"



(Ps 133: 1). With Your authority close and break the paths of separation in the family and the distancing from the true faith. Place barriers before those children, youth, parents and adults, who may try or have tried to abandon their home, and place barriers before those who escape secretly to get married, or who flee in order to enlist in armed groups, gangs, nefarious associations, or to join pseudo religious sects. Dissolve the evil roots of all family isolation, of running away and abandonment that destroy family unity. And for this reason I beg You, Lord, to embrace my genealogical tree with Your Heart that forgives and loves. Grant us unity. Grant that we may be receptive persons and capable of treating each other with endearing affection.

✧ Lord Jesus, heal now all the INJUSTICES of my ancestors. And with the strength of Your Precious Blood, seal all the genetic channels of depravation, subjugation, poverty, financial straits, slavery, crime, and repression of any kind, brought upon my family by maleficent forces. Correct all social and political injustice, all social rejection. Cut all ties to brutality and the rejection of persons, to the discrimination against the needy and the homeless. Help us oppose the suffering due to infrahuman conditions of life, harsh climates and difficult winters of evil origin and their patterns of hunger, abandonment, betrayal, and public shame.

My Lord and my God, with soft oil of Your Holy Spirit, heal all memories of infrahuman pain in my ancestors and forgive all those who were the cause of their pain. Grant that my entire lineage understands Your holy law of justice and love because Your wish is that we all be happy in this world, abandoned to the hands of Your loving Providence, and for all eternity. I know, Lord, what You demand of us:

“to do the right and to love goodness, and to walk humbly with your God” (Mic 6: 8).

✧ My Lord and God, “You knit me in my mother’s womb. I praise you, because I am wonderfully made; wonderful are your works! My very self you know” (Ps 139: 13-14). Therefore, I renounce all complaints because of the

DIFFERENCES engraved in my genealogical inheritance, and I ask You to assume the authority over all of its effects: eye color, skin color, body size, natural talents, race, language, and culture. And so, break the transmission of suffering generated in my ancestors for these differences: those who felt ugly, strange, or lamented their visible physical defects, deformities and retardation, if these served as the links for the insidious activity of the malignant spirits.

Annul, Lord, all the patterns of unending suffering, including the tendencies toward suffering for no reason and the unconscious desire for failure. Break all ties with the feeling of uselessness, unworthiness, and hopelessness, as well as alienation and isolation. Cut all origins of desperation and unworthiness, of emotional trauma and paralysis. I say “no” to rejection, to lack of love, bitterness, resentment, negativity, the failure to forgive, and the paths of evil that my people followed. “My mouth shall declare Your justice, day by day Your salvation” (Ps 71: 15).

And therefore, in Your Holy Name and with Your Power, I raise my voice to ask You to cut the transmission of these bonds that make difficult or impede communication, empower stuttering or speech defects. And I am opposed to all methods of injuring others verbally, to lies, calumny, insult, rumor, and gossip, and all blasphemy, evil and betrayal with the tongue.

Lord Jesus, I beg you to remove from my mind all obsessive thoughts, thus healing all kinds of shame, grief, or pain, for all the sins in my genealogy. And I ask You to put an end today to the generational transmission of defects and evil wounds. Forgive all who were the cause of our pain. Let Your Love heal fully all of my ancestors! And, since now “the axe is laid at the root of the trees” (Lk 3: 9), I beg of You that the breath of Your Holy Spirit forgive the sins in all of my generations. Thank You, Lord, for Your kindness. Thank You for touching me, healing me, and remaking me in Your Name, Lord Jesus.

AMEN, AMEN, AMEN.

## PRAYER FOR INTERGENERATIONAL HEALING

*It is recommended to pray this prayer once a week, both for those who have gone through the process of praying the previous prayer, and for the protection of those who collaborate or assist in the ministry of healing or liberation, so that their activity may be effective so that they do not suffer maleficent harm.*

✠ Most Holy Trinity, Father, Son and Holy Spirit, the only God, immense, eternal, and omnipotent Who dwells in us, I praise, bless, and proclaim You as the only God and Lord of my family, and I THANK YOU for all the gifts that have come to me through my ancestors.

Eternal Father, I abandon myself to Your Power, Your Mercy and Your Love, and I place all my ancestors in Your loving Hands, in order for You to pour over them and over me the grace of Your Peace. I ASK YOU FORGIVENESS for their sins and for my own. I renounce the evil deeds to which the generations of my origin were attached. I beg You and ask You to forgive all of those who are still suffering in purgatory. And, embracing Your forgiveness, I beg You to break the chains and ties woven by the Evil One in them and in me, so that my children will not inherit them.

✠ Lord Jesus, by Your Most Precious Blood shed on the Cross, I beg You, Lord, to BREAK all ties caused by our lack of forgiveness of others, because of their wrongful deeds: robberies, assaults, swindles, suicides, violent and tragic deaths, and deaths in time of war. FORGIVE the sins of sexual deviation: lesbianism, sodomy, bestiality, and masochism, masturbation, rape, and all sorts of abuses in this area. Forgive the sins of abortion, of wounds to children, of divorces and separations, of unfaithfulness

and births out of wedlock. Forgive the sins of negligence of elderly parents in their need, and having impeded our dying kin access to the sacraments and the Christian funeral rites. To conclude, forgive all of my ancestors for their sins of Satanism, witchcraft, spiritualism, magic, masonry, Ouija boards, and New Age activities, and all connivance with the practices of spiritualism and occultism.

✧ pirit of light and wisdom, give us DISCERNMENT and the gift of knowledge that will permit us to know our past generations' situations that may still affect or continue affecting our personal life. And, in the name of all my generational lineage, I beg You to HEAL all wounds that open the door to the actions of the maleficent spirits by which they seek to harm us materially or spiritually. May Your Grace flow in us continuously, giving life to our existence in the Holy Trinity for all eternity!

AMEN, AMEN, AMEN.